

MAR 13, 2017



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**North American
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34 HOUR RESTART PROVISION



The Federal Motor Carrier Safety Administration regulates the number of hours a commercial driver can be on duty and operate a commercial motor vehicle, as well as the amount of time that the driver is supposed to rest in between work periods.

On July 1st, 2013 the final ruling for Hours of Service became effective however, in December 2014, Congress suspended the ruling requiring truck drivers to include at least two nights from 1-5 a.m. as well as the limit of the restart to once in 168-hours (exactly 7 days, down to the hour) until a study proved the safety benefit of the proposal.

The study has not yet been made public, but a letter issued by the Department of Transportation's Office of Inspector General confirms the report's conclusions. To comply with an order from Congress, the study's results dictate the removal of the 1 a.m. to 5 a.m. provision and the removal of the once-weekly limit.



If you have any questions about this subject, please contact the Safety Department at ext. 1304 or email us at ssandri@nalogistics.com.

And remember..... Safety is not a choice is a must!