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TOP 10 SAFETY TIPS FOR DRIVERS



Driving a semi requires skill, and common sense but as a professional driver you also must understand the responsibility you have for the safety of people around you. The size and weight of your vehicle don't leave much room for mistakes and one can cost other people's lives.

The following tips are intended as general guidelines for driving safely

1. Be alert: being well rested and aware of all vehicles around you let you react to any safety hazard.
2. Check the weather: planning your trip ahead of time allows you to take precautions if necessary.
3. Avoid peak hours: if possible don't drive in heavy traffic as it increases the odds of an accident.
4. GOAL: get out and look when backing up. It really takes only a second and it gives you good perspective of where your trailer is going
5. Be extra cautious at night: with reduced visibility is very easy to run into trouble, slow down.
6. Following distance: you must always leave enough room to stop your truck. It is recommended at least 8 seconds of following distance and to increase it if weather conditions are bad.
7. Changing lanes: it should be avoided if possible as it increases the odds of an accident. If you must change lanes make sure you checked your mirrors several times
8. Plan your route: use a good trucking GPS system and call your dispatcher for directions if necessary. Know ahead of time exactly where you're going and how you're getting there.
9. Slow down: this is one of the most important tips. You can rollover easily so never take a curve at the speed limit
10. Do your pre-trip inspection conscientiously: check your brakes, tires, engine for leaks and everything else you must look for to avoid breaking down.



If you have any questions about this subject, please contact the Safety Department at ext. 1304 or email us at ssandri@nalogistics.com.

And remember..... Safety is not a choice is a must!