

SEPTEMBER 24/2018



**North American
Transport Services**



DIABETIC DRIVERS



The FMCSA announced on September 19th, 2018 a final rule that changes the process to be qualified to operate a commercial motor vehicle for some diabetic drivers. Before the ruling, drivers with ITDM (insulin-treated diabetes mellitus) were not allowed to operate a CMV in interstate commerce unless they had an exemption from the FMCSA.

With this change, medical examiners will be able to provide a medical examiner's certificate good up to a year if the driver's diabetes is well controlled:

"The rule enables a certified medical examiner (ME) to grant an individual with ITDM a Medical Examiner's Certificate, MCSA-5876, for up to 12 months. To do so, the treating clinician - the healthcare professional who manages, and prescribes insulin for, the treatment of the individual's diabetes - provides the ITDM Assessment Form, MCSA-5870, to the certified ME indicating that the individual maintains a stable insulin regimen and proper control of his or her diabetes. The certified ME is then responsible for determining if the individual meets FMCSA's physical qualification standards and can operate CMVs in interstate commerce."

If you have any questions, please contact the Safety Department at ext. 1304 or email us at ssandri@nalogistics.com.

And remember..... Safety is not a choice is a must..... Drive safely!

160 ALI BABA AVENUE - OPA LOCKA, FL 33054 / PHONE: 1-(877) 270 - 9494

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