

**OCTOBER 15/2018**



## HOW TO BE A DEFENSIVE DRIVE



The standard *Safe Practices for Motor Vehicle Operations* defines defensive driving as "driving to save lives, time, and money, in spite of the conditions around you and the actions of others."

These are some simple defensive driving tips:

1. Look ahead as far as you can see
2. Follow the six second rule, this will give you enough following distance
3. Tap your horn lightly if you notice distracted drivers around you
4. Practice asking what if? What if this car changes lanes suddenly? What if a child crosses the street? Am I prepared to react?
5. Constantly scan your mirrors
6. Don't stare. If you're staring you're not checking your mirrors and don't know what's happening behind you
7. GOAL. When it's time to park, you need to get out and look at your surroundings. Many experienced drivers hit low concrete barriers they can't see.

If you have any questions, please contact the Safety Department at ext. 1304 or email us at [ssandri@nalogistics.com](mailto:ssandri@nalogistics.com).

And remember..... Safety is not a choice is a must..... Drive safely!

---

**160 ALI BABA AVENUE - OPA LOCKA, FL 33054 / PHONE: 1-(877) 270 - 9494**

SCAC CODE: NAAF / MC#: 494689  
[www.nalogistics.com](http://www.nalogistics.com)