



FMCSA ELIMINATED EXEMPTION NEEDED FOR DIABETIC DRIVERS



The FMCSA final rule that changes the process to be qualified to operate a commercial motor vehicle for some diabetic drivers went into effect November 19th 2018. Before the ruling, drivers with ITDM (insulin-treated diabetes mellitus) were not allowed to operate a CMV in interstate commerce unless they had an exemption from the FMCSA.

After years of trying, the rule is now effective and will allow medical examiners in consultation with the driver's treating physician to decide whether an insulin-treated diabetic driver is qualified to get behind the wheel and if determined so, the medical examiner will be able to provide a medical examiner's certificate good up to a year if the driver's diabetes is well controlled.

"The rule enables a certified medical examiner (ME) to grant an individual with ITDM a Medical Examiner's Certificate, MCSA-5876, for up to 12 months. To do so, the treating clinician - the healthcare professional who manages, and prescribes insulin for, the treatment of the individual's diabetes - provides the ITDM Assessment Form, MCSA-5870, to the certified ME indicating that the individual maintains a stable insulin regimen and proper control of his or her diabetes. The certified ME is then responsible for determining if the individual meets FMCSA's physical qualification standards and can operate CMVs in interstate commerce."

If you have any questions, please contact the Safety Department at ext. 1304 or email us at ssandri@nalogistics.com.

And remember..... Safety is not a choice is a must..... Drive safely!